



Youth Satsang Manual

VEDIC SANSKRITI SCHOOL
CHICAGOLAND



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ARYASAMAJ OF CHICAGOLAND
700 HILLVIEW AVE, WEST CHICAGO, IL 60185

DEVAYAJÑA

Aachamana

Symbolic washing of the inner self of all impurities by sipping sacramental water from the right palm.

Om amritopas-tara-ṇamasi swaahaa

Om amritaapidhaa-namasi swaahaa

Om satyam yashaḥ shreer mayi shreeḥ shra-ya-taam swaahaa

AngaSparsha

Prayer for a healthy and strong body by touching the body parts with sacramental water

Om vaaṅ ma aasye 'stu (Corners of lips)

Om nador me praṇo 'stu (Nostrils)

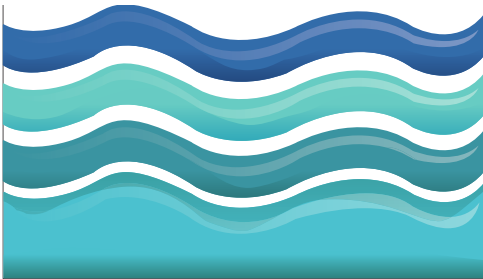
Om akṣṇor me chakṣhur astu (Eyes)

Om karṇa-yor me shro-tram astu (Ears)

Om baah-wor me balam astu (Shoulders)

Om oor-wor ma 'ojo 'stu (Thighs)

Om ariṣh-ṭaani me'ṅgaani tanoos tanwaa me saha santu (All over)



जल

Jala



वायु

Vayu

ESHVARA STUTI PRAARTHANOPAASANAA MANTRAAḤ

Mantras to describe God's qualities, to pray, & to be in the presence of God

Om Vishvaani deva savitar duritaani paraa-suva
Yad bhadran tanna'aa suva

Om Hiranya-garbhaḥ sama-vartta-taagre Bhootasya jaataḥ patir-eka
aaseet,
Sa daa-dhaara prithiveem dyaamu temaam Kasmai devaaya haviṣhaa
vidhema

Om Ya' aat-madaa bala-daa yasya vishva' Upaasate prashiṣham yasya
devaaḥ,
Yasya-ch-chhaayaa' mritam yasya mrityuḥ Kasmai devaaya haviṣhaa
vidhema

Om Yaḥ praṇa-to nimiṣha-to mahitvai-ka' Id-raajaa jagato babhoova,
Ya' eeshe' asya dvipa-dash chatuṣh-padaḥ Kasmai devaaya haviṣhaa
vidhema

Om Yena dyaur-ugraa prithivee cha driḍhaa Yena swaḥ stabhitam yena
naakaḥ,
Yo' antarikṣhe rajaso vimaanah Kasmai devaaya haviṣhaa vidhema

Om Prajaa-pate! Na twa-deta-anyam-nyo Vishvaa jaataani pari taa
babhoova,
Yat kaamaas-te juhumas tan-no' astu Vayam syaama patayo
rayeeṇaam

Om Sa no bandhur janitaa sa vidhaataa Dhaamaani veda bhuvanaani
vishvaa,
Yatra devaa' amritam-aa-na-shaanaas Triteeye dhaamanna-dhyair-
ayanta

Om Agne! naya su-pathaa raaye' asmaan Vishvaani deva vayunaani
vidvaan,
Yuyo-dhyas-maj juhuraanam-eno Bhooyiṣh-ṭhaan te nama' uktim
vidhema

AGNI-HOTRAM

AGNI AADHAANA

Om bhoor bhuwaḥ swaḥ
(Light the deepak)

Om bhoor bhuvah swar dyaaur-iva bhoomnaa
prithiveeva varimṇaa,

Tasyaas-te prithivi deva-yajani Priṣh-ṭhe'gnim
annaa- dam-annaa dyaayaa dadhe

(Place the kindled camphor inside the havan kund)

अग्नि
Agni



Om Ud-budhya-swa-agne prati-jaagrihi
twam iṣṭāa poortte saṃ-srije-thaamayañ cha
Asmintsadhasthe' adhyut-tarasmin
vishve devaa yaja-maanash cha seedata

समिधा

Samidha



SAMIDAADHAANA

Om Ayanta idhma aatmaa jaata-vedas tene-dhyasva var-dhasva
ched-dha vardhaya chaasmaan praja-yaa pashu-bhir brahma-
varchasena- annaa-dyena samedhaya swaahaa, Idam agnaye jaata-
vedase, idanna mama

(With this mantra, offer the first Samidhaa)

Om samidhaagnim duvasyata ghritair bodhaya taa-tithim,
Aasmin havyaa juho-tana swaahaa, Idam agnaye, idanna mama.
(Do not offer samidhaa with this mantra)

Om Su-samid-dhaaya sho-chi-ṣhe ghritam teevram juhutana,
Agnaye jaata-vedase swaahaa, Idam agnaye jaata-vedase, idanna
mama.

(With this and prior mantra, offer the second samidhaa)

Om Tan-tvaa samid-bhir-aṅgiro ghritena vardha-yaamasi,
Brihach chho-cha ya-viṣh-ṭhya swaahaa, Idam agnaye 'ṅgirase,
idanna mama.

(With this mantra, offer the third Samidhaa.)

PAÑCHA GHRIT AAHUTI:

Offer five oblations of ghee with this
mantra

Om Ayanta idhma aatmaa jaata-vedas
tene-dhyasva var-dhasva ched-dha
vardhaya chaasmaan praja-yaa pashu-
bhir brahma-varchasena- annaa-dyena
samedhaya swaahaa,
Idam agnaye jaata-vedase, idanna
mama

घृत
Ghrita



आहुति
Aahuti

JALA SINCHANA:

Fill right palm with water, and sprinkle around the Kunda as directed

Om adite 'nu-man-yasva (Sprinkle in Eastern side from South to North)

Om anumate 'nu-man-yasva (Western side from South to North)

Om saraswat-yanu-man-yasva (Northern side from west to east)

Om deva savitaḥ! prasuva yajñam prasuva yajña-patim bhagaaya, Divyo
gandharwaḥ keta-pooḥ ketan-naḥ punaatu vaachas-patir vaachan-naḥ
swa-datu

(Sprinkle in all four directions, starting from southeast corner in a
clockwise direction back to start)

AGHAA-RAAV-AAJYA-BHAAG-AAHUTI:

Four Ghee Oblations (While offering spread the ghee from the western direction to the
eastern direction along the edge of the kund)

Om agnaye swaahaa (Make oblation onto the fire, to the North) Idam
agnaye, idanna mama

Om somaaya swaahaa, (Oblation to the South) Idam somaaya, idanna
mama.

Om prajaa-pataye swaahaa, (Oblation to the Center) Idam prajaa-pataye,
idanna mama.

Om indraaya swaahaa, Idam indraaya, idanna mama (Oblation to the
center of the kunda)

PRADHAANA HOMA:

PRAATAH KAAL AAHUTI: Morning Oblations

Om sooryo jyotir jyotiḥ sooryaḥ swaahaa
Om sooryo varcho jyotir varchaḥ swaahaa.
Om jyotiḥ sooryaḥ sooryo jyotiḥ swaahaa
Om sajoor devena savitraa sajoor uṣhasendra-vatyaa Juṣhaaṇaḥ
sooryo vetu swaahaa.

Samagri

सामग्री



SAAYAM KAAL AAHUTI: Evening Oblations

Om agnir jyotir jyotir agniḥ swaahaa
Om agnir varcho jyotir varchaḥ swaahaa
Om agnir jyotir jyotir agniḥ swaahaa (Silent chant, in your mind)
Om sajoor devena savitraa sajoor-raatryendra-vatyaa, Juṣhaaṇo'
agnir vetu swaahaa

PRAATAH SAAYAM AAHUTI: Morning and Evening Oblations

Om bhoor agnaye praanaaya swaahaa, Idam agnaye praanaaya,
idanna mama.
Om bhuvan-vaayave 'paanaaya swaahaa, Idam vaaya-ve 'paanaa-ya,
idanna mama.
Om swar-aadit-yaaya vyaanaa-ya swaahaa, Idam aadit-yaaya
vyaanaa-ya, idanna mama
Om bhoor bhuvah swar-agni vaay-vaa-ditye-bhyaḥ praana-apaana
vyaane-bhyaḥ swaahaa, Idam agni vaay-vaa-ditye-bhyaḥ praana-
apaana vyaane-bhyaḥ, idanna mama.

Om aapo jyotee raso 'mritam brahma bhoor bhuvah swar-om
swaahaa

Om yaam medhaam deva-gaṇaah pitarash chopaa-sate Tayaa
maamadya medhaya-agne Medhaa-vinam kuru swaahaa.

Om vishvaani deva savitar duritaani paraa-suva Yad bhadran tan-na'
aa suva swaahaa.

Om agne naya su-pathaa raaye 'asmaan Vishvaani deva vayu-naani
vidvaan, Yuyo-dhyas-maj juhuraanam eno Bhooyiṣh-ṭhaan-te nama
'uktim vidhema swaahaa.

SVIṢHṬĀ-KRIT AAHUTI: Oblation for Atonement

Om yadasya karmaṇo 'tyaree-richam yad vaa nyoonam-ihaa karam,
Agniṣṭat-sviṣṭa-krid vidyaat, sarvam sviṣṭam su-hutam karotu me,
Agnaye sviṣṭa-krite su-huta-hute sarva-praayash-chitt-aahuteenaam
kaamaa-naam samar-ddhayi-tre sarvaan naḥ kaamaant samard-dhaya
swaahaa, Idam agnaye, sviṣṭa-krite, idanna mama

BRAHMA GAAYATREE SAAVITREE GURU MANTRA

Om bhoor bhuvah swah Tat savitur vareṇyam bhargo devasya
dheemahi Dhiyo yo naḥ pracho-dayaat swaahaa

POORṆAAHUTI: Final Oblation for Completion

Om sarvam vai poorṇam swaahaa (3x)

ATHA MUKHA SPARSHAḤ

Om tejosi tejo mayi dhehi

Om veeryamasi veeryam mayi dhehi

Om Balamasi balam mayi dhehi

Om Ojosi Ojo mayi dhehi

Om Manyurasi manyurmayi dhehi

Om Sahosi saho mayi dhehi

Prayer for Universal Happiness

**Om Sarve bhavantu sukhinah, Sarve santu niraama-yaah
Sarve bhadraani pashyantu, Maa kash-chid duḥkha bhaag
bhavet**

Sab kaa bhalaa karo bhagavaan, sab par dayaa karo
bhagavaan,

Sab ko do vedo kaa jñaan, sab kaa sab vidh ho kalyaan

He eesh sab sukhee ho, ko-ee Na ho dukhaa-ree,

Sab ho nirog bhagavan, Dhan dhaany ke bhandaa-ree,

Sab bhadr bhaav dekhe, san-maarg ke pathik ho,

Dukhiyaa na ko-ee howe, Sriṣṭi me praan-dhaaree

Om Shaantish Shaantish Shaantiḥ

Transliteration guide for Romanizing various phonetics:

Devanagari script has 15 vowels and 39 consonants and it is very difficult to transliterate the original sounds using 26 letters from roman alphabet. Following guideline has been used for transliteration while compiling this booklet.

Vowels:

The long vowel sound is represented by double occurrence of a roman vowel

अ a	आ aa	इ i	ई ee	उ u	ऊ oo	ऋ ri	ॠ ree
ए e	ऐ ai	ओ o	औ au	अं aṅ, aṅṅ, aṅ, an, am	अँ aṁ	अः aḥ	

Consonants:

Devanagari has provision for several nasal sounds, retroflex consonants and dual consonants. Please refer to following table for transliteration of the consonants.

						Nasal	Approximant	Fricative	
Guttural कंठ्य	क ka	ख kha	ग ga	घ gha		ङ ṅa			ह ha
Palatal तालव्य	च cha	छ chha	ज ja	झ jha		ञ ña	य ya	श sha	
Retroflex मूर्ध्य	ट ṭa	ठ ṭha	ड ḍa	ढ ḍha	ळ ḷa	ण ṇa	र ra	ष ṣha	
Dental दन्त्य	त ta	थ tha	द da	ध dha		न na	ल la	स sa	
Labial ओष्ठ्य	प pa	फ pha	ब ba	भ bha		म ma	व va / wa		
Biconsonantal conjuncts	क्ष (क् + ष) kṣha	त्र tra	ज्ञ (ज् + ञ) jñā						